



尚海 尚薈

SHANGHAI
PLUS

尚海薈是上海菜豐富的文化傳統與粵菜風味的完美交匯之地，為賓客呈現獨特而精緻的餐飲體驗。餐廳由香港土生土長的行政總廚葉振文師傅掌舵，以創新手法重現經典與現代美饌，呈獻其本真之味。葉師傅擁有近二十年的豐富經驗，曾任職於多間知名餐廳。他的匠心獨運使每道菜品兼具傳統魅力和現代風格，引領客人探索中國多元風味的美食世界。

Welcome to Shanghai Plus, where the rich cultural traditions of Shanghai converge with Cantonese inspirations. Under the culinary direction of Hong Kong-born chef Edmond Ip, our menu takes you on a gastronomic journey, tantalising your taste buds with classic delicacies and innovative creations. With nearly two decades of experience in renowned kitchens, Chef Edmond crafts each dish masterfully to honour its roots, while offering a fresh and contemporary exploration of China's vibrant regional flavours.



所有價目以港元計算另加一服務費
All prices in HKD and subject to 10% service charge



如閣下對任何食物有過敏反應，請與服務員聯絡
Please inform your server of any food-related allergies

巧手點心

DIM SUM


銀絲卷 (炸或蒸)
Chinese bun (choice of deep-fried or steamed) 每件 per piece \$45

灌湯生煎包
Pan-fried soup buns with pork 三件 3 pieces \$68

生煎鮮肉鍋貼
Pan-fried pork dumplings 三件 3 pieces \$68

脆皮蝦春卷
Deep-fried shrimp spring rolls 三件 3 pieces \$78

 香煎韭菜餡餅
Pan-fried Chinese chives dumplings 三件 3 pieces \$78

 招牌小籠包
Steamed soup dumplings with pork 四件 4 pieces \$88

蘿蔔千絲酥餅
Baked shredded turnip pastries 三件 3 pieces \$88

 紅油抄手
Spicy wontons in chilli oil 六件 6 pieces \$88



香辣
Spicy



推薦
Recommendation

晚市時段限量供應，售完即止
Limited offer during dinner period while stock lasts



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精選前菜

APPETISERS



陳醋黑木耳

Chilled black fungus in black vinegar sauce

例 regular
\$68

四喜烤麩

Baked bran with black fungus, shiitake, enoki mushrooms and bamboo shoots

例 regular
\$88

醬燒茄子

Braised eggplant in soy bean paste

例 regular
\$88

水晶肴肉

Chilled crystal ham

例 regular
\$88

香菜皮蛋豆腐

Chilled century eggs with tofu and coriander

例 regular
\$98

雞絲粉皮

Chilled shredded chicken with green bean noodles in sesame sauce

例 regular
\$98



酥炸臭豆腐

Fermented crispy tofu

例 regular
\$108

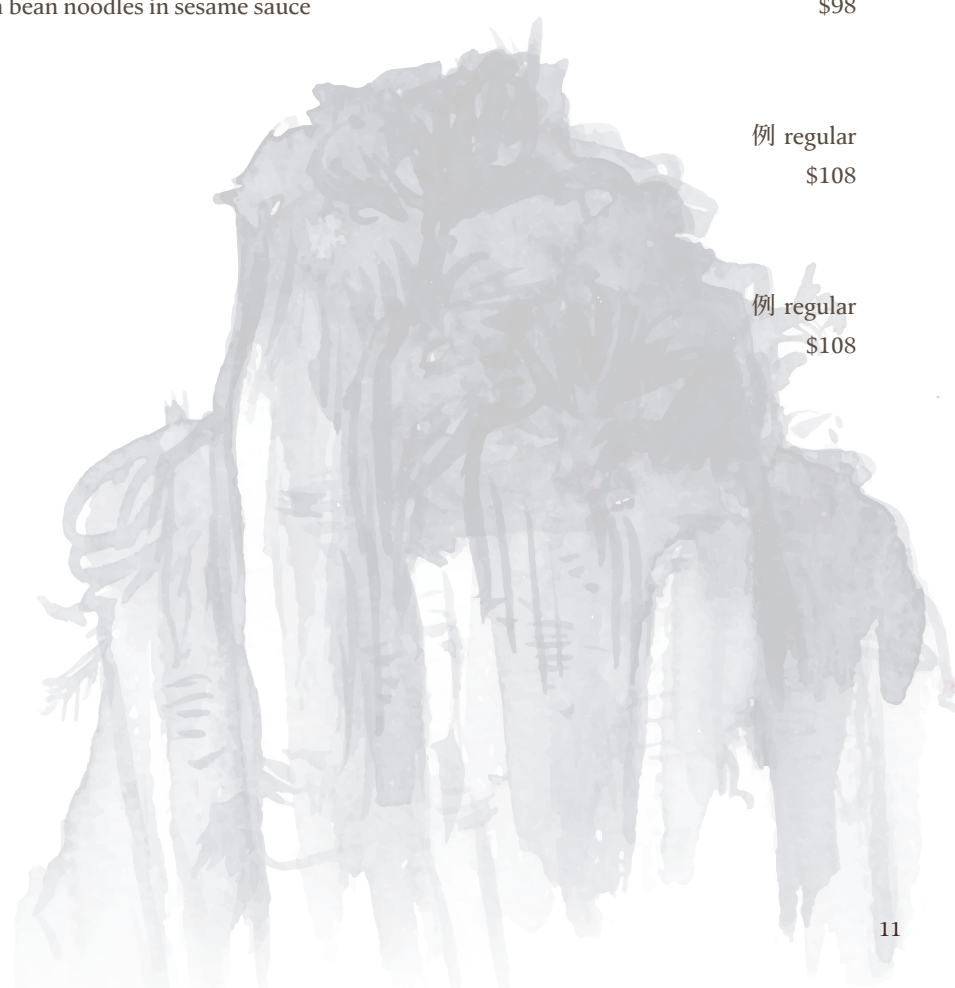
油燜筍

Braised bamboo shoots

例 regular
\$108



素菜
Vegetarian





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精選前菜

APPETISERS

蔥油海蜇花
Chilled jellyfish in spring onion oil

例 regular
\$108



蒜泥白肉
Sliced pork belly with garlic sauce

例 regular
\$108

花雕醉雞
Drunken chicken in Hua Diao wine

例 regular
\$138

糖醋小排骨
Sweet and sour pork ribs

例 regular
\$138



無錫脆鱔
Crispy eels

例 regular
\$178



桂花煙燻鮰魚
Smoked pomfret with osmanthus

例 regular
\$188



話梅醉鴿
Drunken pigeon with dried plums

每隻 per piece
\$238



香辣
Spicy



推薦
Recommendation



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湯羹

SOUP



薺菜豆腐羹

Tofu soup with mustard greens

每位 per person

\$88



酸辣羹

Hot and sour soup

每位 per person

\$88

蟹肉粟米羹

Sweet corn soup with crab meat

每位 per person

\$108

蟲草花螺頭燉雞湯

Double-boiled chicken soup with cordyceps flowers and sea whelk

每位 per person

\$168



松茸花膠螺頭湯

Double-boiled chicken soup with matsutake mushroom, fish maw and sea whelk

每位 per person

\$328

醃篤鮮

Double-boiled pork broth with bamboo shoots

例 regular

\$268

砂鍋雲吞雞

Chicken consommé with wontons in casserole

半隻 half

\$368

一隻 whole

\$698



素菜
Vegetarian



香辣
Spicy



推薦
Recommendation



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海鮮、海味

SEAFOOD & DRIED SEAFOOD

薺菜蝦仁豆腐
Sautéed shrimps with tofu and mustard greens 例 regular \$178

賽螃蟹
Scrambled egg white with conpoy and green peas 例 regular \$188

糖醋桂魚片
Sweet and sour mandarin fish fillets 例 regular \$208

黃金軟殼蝦
Deep-fried soft shell prawns with salted egg yolk 例 regular \$208

芙蓉三鮮
Sautéed scallops, shredded fish and shrimps with egg white 例 regular \$238

 韭黃銀芽炒鱸糊
Sautéed yellow eels with yellow chives and bean sprouts 例 regular \$368

清炒河蝦仁
Stir-fried fresh river shrimps 例 regular \$388

 龍井河蝦仁
Stir-fried fresh river shrimps with Long Jing tea leaves 例 regular \$398

 乾燒明蝦
Braised prawn in chilli bean sauce with sweet rice wine 每隻 per piece \$298

蝦籽蔥燒關東遼參
Braised Kanto sea cucumber with dried shrimp roe and spring onion 每位 per person \$388

松子桂花魚
Sweet and sour mandarin fish with pine nuts 每條 per piece \$588

 香辣
Spicy

 推薦
Recommendation



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豬肉、牛肉

PORK & BEEF

紅燒獅子頭
Braised meatballs

兩件 2 pieces
\$168



回鍋肉
Sautéed pork belly slices with bean curd and cabbage in chilli sauce

例 regular
\$168

椒鹽排骨
Deep-fried pork ribs in spicy salt and pepper

例 regular
\$188

咕嚕肉
Sweet and sour pork

例 regular
\$238

紅燒肉
Braised pork belly

例 regular
\$248

京蔥爆安格斯牛肉
Stir-fried Angus beef with leeks

例 regular
\$328



老干媽鮮菌炒安格斯牛柳粒
Stir-fried Angus beef tenderloin with fresh mushrooms in black bean chilli sauce

例 regular
\$368




香辣
Spicy

田園蔬菜

VEGETABLES

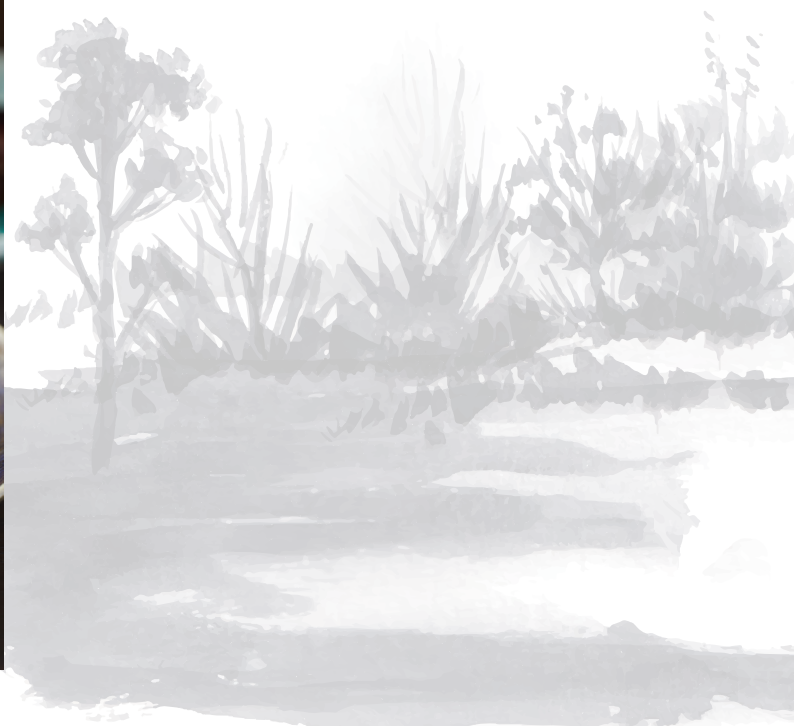
 時蔬 (上湯、清炒或蒜茸炒) 例 regular
\$128
Seasonal vegetables (choice of simmered in superior soup, stir-fried or with garlic)


 津白 (上湯或奶油) 例 regular
\$128
Chinese cabbage (choice of simmered in superior soup or cream sauce)

 雪菜毛豆百頁 例 regular
\$128
Sautéed green peas with snow cabbage and bean curd sheets

欖菜肉碎乾煸四季豆 例 regular
\$158
Sautéed string beans with minced pork and pickled olives

鹹肉百頁小棠菜 例 regular
\$168
Simmered Chinese cabbage with salted pork and bean curd sheets



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手打拉麵

HANDMADE NOODLES

陽春麵

Plain noodles in soup

每碗 per bowl

\$88



蔥油拌麵

Noodles mixed with spring onion oil

每碗 per bowl

\$88

排骨湯拉麵

Noodles in soup with pork ribs

每碗 per bowl

\$148

鱔糊湯拉麵

Noodles in soup with yellow eels

每碗 per bowl

\$208



素菜
Vegetarian

飯麵主食

NOODLES & RICE

上海炒年糕
Shanghai stir-fried rice cake

例 regular
\$168

雪菜肉絲炒年糕
Stir-fried rice cake with shredded pork and snow cabbage

例 regular
\$168

上海手拉粗炒
Shanghai stir-fried handmade thick noodles

例 regular
\$168

上海鹹肉菜飯
Shanghai fried rice with vegetables and salted pork

例 regular
\$168

瑤柱蛋白炒飯
Fried rice with conpoy and egg white

例 regular
\$168

雪菜蝦仁炒飯
Fried rice with shrimps and snow cabbage

例 regular
\$188



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甜點

DESSERTS

酒釀湯丸

Black sesame rice dumplings in sweet rice wine with osmanthus

每碗 per bowl

\$48

高力豆沙

Deep-fried egg white stuffed with red bean paste

兩件 2 pieces

\$48

豆沙鍋餅

Pan-fried red bean paste pancakes

例 regular

\$88

冰糖燉燕窩

Stewed bird's nest with rock candy

每位 per person

\$288

椰汁燉燕窩

Stewed bird's nest in coconut milk

每位 per person

\$288





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